

# ADHD for Parents

Online training course



## Free Online learning for parents/carers

This free short course is aimed to support the parents and carers of children with Attention Deficit Hyperactivity Disorder (ADHD). It contains many short videos of students with ADHD and parents sharing their experiences, along with valuable information shared by several specialists in the area of ADHD.

This course was developed by OnLine Training (OLT) with help from Parents for ADHD Advocacy Australia.

The course hopes help to improve understanding of ADHD and dispel some of the myths surrounding it.

### To register:

Use the QR code, or the link below, to access the 'Parent's courses' page on the OLT website <https://aus.oltinternational.net/courses#parent-courses>



### Course Overview

- The definition of ADHD and its characteristics
- The prevalence of ADHD, its possible causes and diagnosis
- Support at home and in the school
- Strengths of people with ADHD



For further information, please contact Yarra Me School:

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